

# Start small, save big over time

Your HSA is a valuable part of your financial plan



You may think your health savings account (HSA) is solely for current-year qualified medical expenses. But did you know you it has more tax benefits than a 401(k)?

## Comparing financial accounts

Unlike other accounts, an HSA allows you to put in tax-advantaged money, grow your savings tax-free (interest and potential investment earnings are not taxed) and take the money out income tax-free for qualified medical expenses.

Type of account	Tax advantaged contributions	Income tax-free growth	Income tax-free distributions
HSA	X	X	X
401(k), 403(b), traditional IRA	X	X	
Roth IRA		X	X

## Investing with your HSA

Your Optum Financial HSA is also a smart long-term investment vehicle that can play an even greater role in your overall wealth and retirement strategy. Once your HSA reaches the investment threshold\*, you may choose to invest a portion of your HSA dollars. Optum Financial makes investing easy and more accessible for you by offering two investment opportunities.

**Optum Financial Self-directed mutual funds:** Choose from a wide variety of more than 30 mutual funds that average a four-star Morningstar rating and represent some of the lowest expense ratios in the industry, including life-stage funds.

**Betterment digitally managed investments:** Betterment helps take the guesswork out of investing your HSA. Based on your HSA investment goals, Betterment will recommend a personalized portfolio of low-cost exchange traded funds (ETFs) and help keep your HSA investment on track through auto-deposits and automated rebalancing.

## Contributing the max

The more you contribute to your HSA today, the more you have for retirement in the future. Each year, the IRS sets limits on how much you can contribute to your HSA. Know the limits that apply to you and consider contributing the max. Here are contribution limits for 2023:

**\$3,850**  
for individual coverage

**\$7,750**  
for family coverage

**\$1,000**  
additional catch-up  
contribution for age 55

## Planning for retirement: How much will you need?

Knowing how much money you will need in retirement can be confusing. Luckily, Optum Financial has tools to help. You can get a personalized estimate of how much you may need to save for medical expenses in retirement by taking the health savings checkup. Take the Optum Financial health savings checkup at [optumfinancial.com](https://optumfinancial.com).



## Using your HSA during retirement

The benefits of an HSA don't stop when you retire. While you are no longer allowed to contribute to your HSA after enrolling in Medicare, you can still use your HSA funds income tax-free to pay for qualified medical expenses. You can also use your HSA to pay for Medicare premiums and qualified out-of-pocket expenses, including deductibles, copays and coinsurance for:

### Part A

Hospital and inpatient care

### Part B

Doctor and outpatient care

### Part D

Prescription drugs

As an additional benefit, once you turn 65, you can withdraw the money from your HSA for nonqualified expenses without a penalty. You will just be required to pay ordinary income tax on that amount.

With all these advantages, it's clear that an HSA is with you for life. Begin taking your HSA advantage.



### Ready to enroll?

Enrolling in an HSA is quick and easy because it's built into your employer's benefits enrollment. Review your enrollment materials so you don't miss your chance to sign up.



Scan the QR code, or go to **optumfinancial.com**, to sign in to your account and get started.



**Go to [optumfinancial.com](https://optumfinancial.com) to learn more.**

**Investments are not FDIC insured, are not bank issued or guaranteed by Optum Financial or its subsidiaries, including Optum Bank, and are subject to risk including fluctuations in value and the possible loss of the principal amount invested.**



\*Investment threshold amounts may vary. Check with your employer or sign in to your account for more information.

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